

# Healing with Raw Foods

*Thursday May 31 at 6 pm*

Reach Optimal Health Through Nutrition!

.....  
Join Master Herbalist Jackie Dykstra for a look at how raw foods can help you create optimal health! Sample some tasty treats to get started on your RAW journey...

Living Lasagna, zucchini spaghetti with walnut “meatballs” and even a raw apple pie are on the menu. See how delicious RAW can be!

Please call 608-742-1300 to reserve your spot!



.....  
*Proudly presented by:*  
.....

**HEALTH & WELLNESS WITHOUT DRUGS & SURGERY**

[www.blauchiropractic.com](http://www.blauchiropractic.com)

641 Latton Lane, Portage WI