

Herbs and Foods for Health

Tuesday, April 27th at 5:30pm



Reach Optimal Health Through Herbs!

Join Master Herbalist Jackie Dykstra for a look at how herbs and foods can help you create optimal health! Dr. Kevin Blau will provide a short introduction covering kitchen spices that are beneficial to your wellbeing.

There is no charge for this presentation, but Please call 608-742-1300 to reserve your spot!



Proudly presented by:

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